

THE FAITH-REST LIFE

(Hebrews 4)

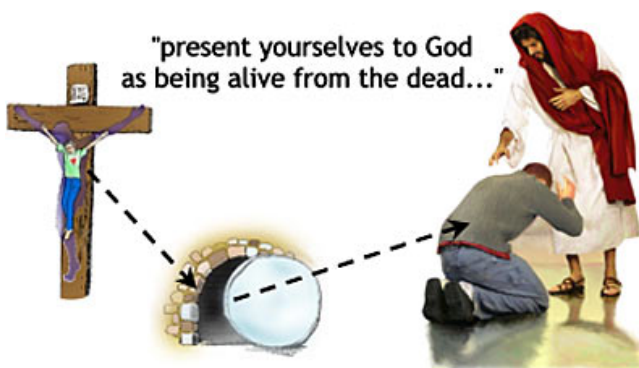
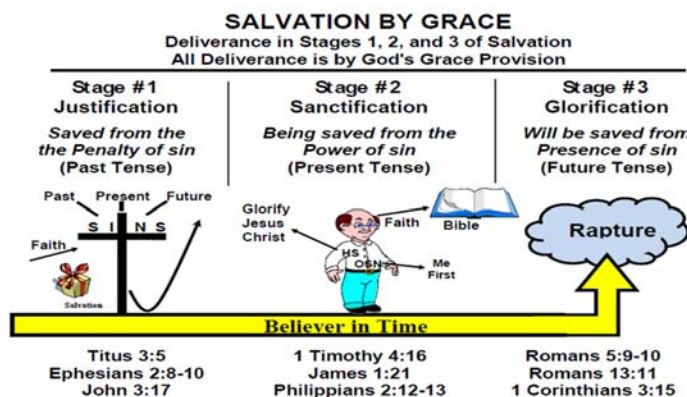
Take 3 minutes and answer the following questions:

- 1) T or F Because every believer is accepted in Christ, all that they now do is met with approval by God.
- 2) T or F The confession of daily sins (1 John 1:9) is the key to fellowship with God.
- 3) T or F The Christian life involves doing your best for Jesus and trusting God to do the rest.
- 4) T or F All “fear” in the Christian’s walk is sin.
- 5) T or F The goal of the Christian life is to learn sound doctrine.
- 6) T or F While the believer in Christ can never lose his/her eternal salvation, they can lose their fellowship with God, joy, and future reward.
- 7) T or F While every believer has peace with God, not all believers enjoy daily the peace of God.
- 8) T or F You live the Christian life in the very same way that you were initially saved.
- 9) T or F The plan of God for the believer involves salvation in 3 phases, stages, or tenses.
- 10) T or F God helps those who help themselves.

- Do you understand the 2 different “rests” that God is offering to you by His grace? (Matt. 11:28-30)

#1) The rest of _____ is through one decision to place your _____ alone apart from religious works and traditions. This changes your ETERNAL DESTINY and RELATIONSHIP with God forever. This results in possessing PEACE _____ God. (Romans 5:1)

#2) The rest of the _____ life is through repeated decisions to _____ the Lord and _____ to Him moment by moment in your daily decisions and trials of life. This transforms you INTERNALLY and affects your FELLOWSHIP with God in time. This results in enjoying the PEACE ___ God. (Rom.15:13; Phil.4:6-7) How does your new creation in Christ position factor into all this?



A. The **CONTEXT** of HEBREWS 4.

1. The *writer* of Hebrews is **UNKNOWN**, though ultimately it was the _____.
2. The *recipients* of Hebrews were _____, not the _____. (3:1; 10:32-36)
3. The *date* of Hebrews is approximately **AD ___**, while the **TEMPLE**, and **defunct PRIESTHOOD** and **SACRIFICES** were still in existence.
4. The *theme* of Hebrews is **THE _____ OF _____**. (1:1-3)
5. The *problem* being addressed in Hebrews is centered on significant _____ directed to these believers by the Jewish community and the imminent danger of their _____ to **RABBINICAL JUDAISM**. (Hebrews 10:32-39; 13:7-14)
6. The *purpose* of Hebrews is to demonstrate the **SUPREMACY OF CHRIST** so as to challenge believers to _____ and _____ in faithfulness to the Lord and Savior in the face of tremendous pressure to compromise resulting in conditional blessings in time and reward later.
7. The *contrast* that is emphasized is the _____ of the Exodus generation of believers to walk by faith and enter into God's rest (Hebrews 3) and the offer of _____ to these Hebrew Christians years later (Hebrews 4).

B. The **CONTENT** of HEBREWS 4.

1. The *subject* of this third warning revolves around the concept of _____ which is found _____ in Hebrews 3 & 4.
 2. The *meaning* of "rest" involves...**CESSATION OF WORK OR LABOR; FREEDOM FROM WORRIES OR ANXIETIES; SENSE OF CONFIDENCE, PEACE, AND INNER STABILITY INVOLVING DEPENDENCE UPON SOMEONE OR SOMETHING.**
 3. The *provider* of this "rest" is _____. (4:1b, 10)
 4. The *warning* is for us to _____ a failure to **COME SHORT** of **ENTERING** into God's rest. (4:1c)
 5. The *ongoing promise and possibility* of entering God's rest _____ for you today. (4:1a)
 6. The *good news of God's rest* is a message He had and still wants _____ to believers in the **PRESENT** just as in the **PAST**. (4:2a)
 7. The *means of entering God's rest* involves more than _____ God's Word [as important as that is], but also _____ God's **PROMISES** and **PRINCIPLES**. (4:2b; 5:12-14)
- What are the opposites of faith-resting in the Lord?
 - What are some examples of God's principles and promises which you can faith-rest in today with the coronavirus?

- What are some of God's promises for you to faith-rest in day by day as needed?

8. The *present opportunity* to enter God's rest still _____ available to _____ believers TODAY, though it is only entered by _____. (4:6-9)

- What word is found 5x in this passage?

- What is this emphasizing? This emphasizes that the Christian life is a moment by moment, daily walk of faith that can be entered into and enjoyed at any time if we are willing to turn in faith to the Lord.

9. The *elements* for entering God's rest include:

- a. God's _____ provisions. (4:10)**
- b. your _____ in God's principles and promises. (4:10)**
- c. _____ to enter God's rest. (4:11)**
- d. the _____ of God's Word. (4:12)**
- e. a reminder of your _____ to God. (4:13)**
- f. a steadfast willingness to _____ for Jesus Christ. (4:14-15)**
- g. coming often to the throne of grace in _____ to talk to the Lord and cast your care upon Him for He cares for you. (4:16)**

- How did you answer the questions at the beginning?